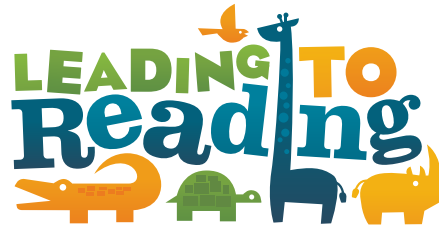





January



2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				 	1 Talk about the letter A, then look for things that begin with A.	2 Visit the library with your child and help them get their own library card.
3 Place some familiar objects in a paper bag. Ask your child to pull each one out and say what letter it starts with.	4 Find boxes of different sizes. Have your child stack them from biggest to smallest.	5 Call your local firehouse. Ask if you and your child can visit to learn about fire safety.	6 After a busy day, help your baby relax by massaging lotion on his feet as you sing to him.	7 Play music and dance with your child. Let him use pots, pans, and spoons to create sounds.	8 Add a blanket to an empty shoe box to make a bed for a doll or teddy bear. Ask your child to tuck it in and give it a goodnight kiss.	9 Play a rhyming game with your child. Ask her questions like, "What rhymes with cat?" or "...ball?"
10 Take a counting walk. Pick something to count (cars, flowers, birds, etc.) and keep track of how many you see.	11 Let your child assist with a household chore. When the work is done, thank her for helping.	12 Have your child turn two old socks into puppets by drawing faces with markers or gluing fabric, buttons, or beads.	13 Draw a shape. Help your child draw an animal using that shape.	14 Entertain your baby by moving a stuffed animal around in front of her and talking in a funny voice.	15 Talk about the letter B, then find things in your child's room that begin with the letter.	16 Help your child create and decorate his very own crown. Before he wears it, ask what he will do as "king for the day."
17 Set a red, yellow, and green apple on the table. Ask your child to name the colors. Then enjoy this nutritious snack together!	18 Help your child memorize his full name and address.	19 Make a collage of things you do together as a family. Let your child cut pictures out of a magazine and glue them on a piece of paper.	20 Talk with your child about the difference between hot and cold, big and small, open and closed, and other opposites.	21 When you are reading a book, magazine, or newspaper, give your children his own book or page to look at.	22 Make up a story with your child as the main character. Then have her retell the story to you.	23 Visit a bakery. Read the signs in the store. Then share the smells and tastes of a special treat.
24 Help your baby find her reflection. Sing a song! Make up a silly song with your child. 31	25 On a map, show your child the city where she was born. Then, show her the city where she lives now.	26 Play a game by counting how many square-shaped objects your child can find today.	27 Make your child laugh! Tell a joke, read a funny poem, sing a silly song, or draw a cartoon.	28 Read a favorite book then ask your child to tell you what happened first, second, and last in the story.	29 Help your child name the letters of the alphabet in newspaper or magazine headlines.	30 Let your child help set the dinner table by counting out the forks, plates, cups, etc.