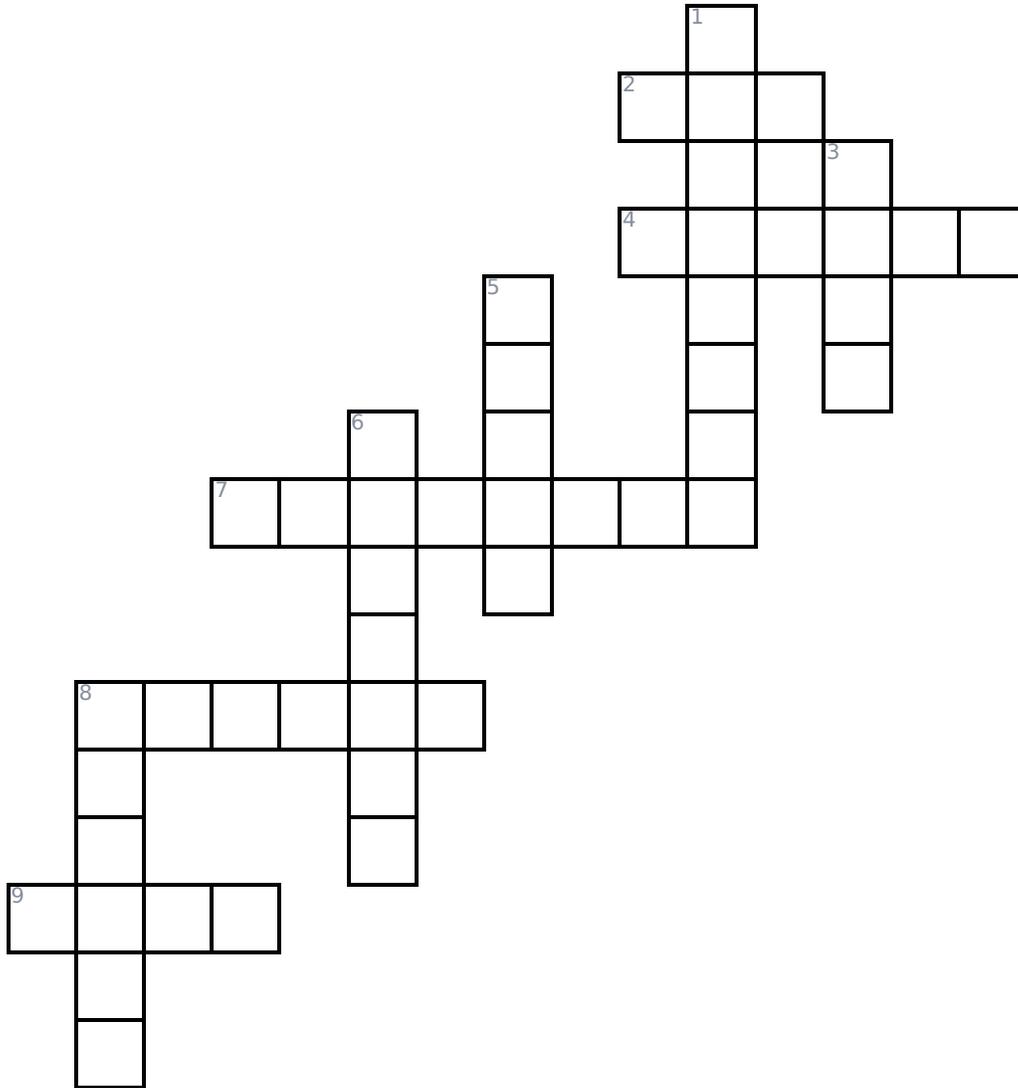


Exercise: Criss Cross

Answer clues based on the content and vocabulary words from Exercise. Look for hints in the Word Bank. Print the puzzle or use on your tablet, phone, or computer.



Across

2. See how fast you can _____ a race.
4. You can _____ in water to get exercise.
7. Staying active and getting your _____ helps keep you healthy.
8. Playing _____ like soccer or basketball is a form of exercise.
9. Can you touch your _____?

Down

- 1. Hop over a _____ swung by your friends.
- 3. Take your dog for a _____.
- 5. Moving your body to music
- 6. Exercise helps keep you _____.
- 8. Exercise to get _____ and lift heavy things.

Word Bank

EXERCISE
DANCE
WALK

TOES
HEALTHY
STRONG

SPORTS
JUMP ROPE

SPLASH
RUN

Answer Key

