

Exploring Emotions: Word Search

Find the words in the list.

A D D L V H A R D O N E U F
M I N D F U L N E S S V N J
Y S E H A P P Y F G M C C H
A A N E D R J F G D U U O A
C P E X C I T E M E N T M P
W P B M K D J E G I A S F U
O O O D D E E L D G K D O C
R I R H R E G I R K F C R C
R N E G E T M N H B E T T Y
I T D C L W P G V I A E A T
E M O T I O N S C A R Y B T
D E M J E U C F E C L J L Y
E N I E F Y G Y I Y L K E M
J T P O I Y E F K R U U E S

Word Bank

EMOTIONS

FEELINGS

SCARY

EXCITEMENT

DISAPPOINTMENT

RELIEF

WORRIED

PRIDE

HAPPY

BOREDOM

UNCOMFORTABLE

MINDFULNESS

Answer Key

D U
M I N D F U L N E S S N
S H A P P Y C
A R F O
P E X C I T E M E N T M
W P B D E F
O O O E L O
R I R R I R
R N E E N T
I T D L G A
E M O T I O N S C A R Y B
D E M E L
N F E
T