

Exploring Emotions: Word Search

Find the words in the list.

N P N M H Y F F D L J E J L
W R C T A C W H G B G G U O
D I S A P P O I N T M E N T
M D M U P R R B H F L B V U
M E G M Y W R H Y D T A I Y
M J F E E L I N G S C A R Y
N W E D M Y E J L R L J E E
J A H U O E D D P J I Y L A
E X C I T E M E N T P J I E
N J P I I J O L J W Y W E Y
L I D B O R E D O M F Y F O
O W M I N D F U L N E S S K
D K U I S R L F N R B S Y M
U N C O M F O R T A B L E Y

Word Bank

EMOTIONS

FEELINGS

SCARY

EXCITEMENT

DISAPPOINTMENT

RELIEF

WORRIED

PRIDE

HAPPY

BOREDOM

UNCOMFORTABLE

MINDFULNESS

Answer Key

P H
R A W
D I S A P P O I N T M E N T
D P R
E Y R
F E E L I N G S C A R Y
M E E
O D L
E X C I T E M E N T I
I E
B O R E D O M F
M I N D F U L N E S S
S
U N C O M F O R T A B L E