

Name: _____

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Quest to Digest: Word Search

Find the words in the list.

B F S R J M N H
G K D R R T O Y
F K I E E I U D
U S G W K M R R
E N E R G Y I A
L B S Q U E S T
H O T I U S H E
V P R O T E I N

Word Bank

DIGEST

ENERGY

FUEL

GERM

HYDRATE

NOURISH

PROTEIN

QUEST

