

You Are What You Eat: Word Search

Find the words in the list.

V E G E T A B L E S F
H I S B S M D D P V O
S K F R U I T T T L O
O C H E A L T H Y F D
K S N A C K F W N C P
G R R K T U L T P J Y
P H E F I K D E P J R
G A C A R A B B J G A
D E S S E R T R U C M
F L R T D J R Y A F I
O B U I A I M I G F D

Word Bank

BREAKFAST

DESSERT

FOOD PYRAMID

HEALTHY

PASTA

SNACK

TIRED

MILK

VEGETABLES

FRUIT

Answer Key

V E G E T A B L E S F
B M O
F R U I T O
H E A L T H Y D
S N A C K P
K T Y
P F I R
A A R A
D E S S E R T M
T D I
A D