

How Did That Get in My Lunchbox?

A RIF GUIDE FOR EDUCATORS

Themes: Agriculture, Nutrition

Grade Level: 3rd to 5th grade

Book Brief: This book is a step by step look at how foods go from the farm to the table—or in this case, the lunchbox!

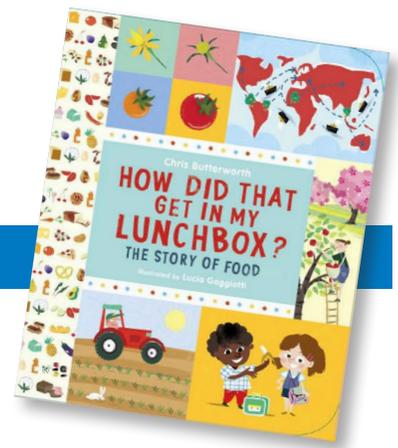
Author:

Chris Butterworth

Illustrator:

Lucia Gaggiotti

Content Connections: Social Studies, Science



TIME TO READ!

BEFORE WE READ, LET'S LOOK AT...

The Cover: Based on the title and cover illustrations, what do your students think

this book will be about? Go through the different pictures on the cover and have your students explain what each one shows.

The Pictures: Flip briefly through the book. Based on the pictures, have your students guess if this book is fiction or non-fiction?

Prior Knowledge: Find out how familiar students are with the word “agriculture.” What do they think it means? What does agriculture include?

Vocabulary: combine, orchard, milling, sorters, groves

Purpose for Reading: “As we read, think about each item. Use your sequencing skills to keep track of how all the food gets to the lunchbox.”



WHILE WE READ



MONITORING COMPREHENSION

◆ How many different “experts” does it take to make bread?

- ◆ Have you ever heard of curds and whey? Where?
- ◆ Which food takes the longest to prepare?
- ◆ What do all of these foods have in common?
- ◆ Does the author mention your favorite food?

LET'S THINK ABOUT

Our Purpose: Pick a few of the items and have students take you through the farm-to-lunchbox process. Write the steps on the board in a flowchart or sequential list.

Extending Our Thinking: Ask these open-ended questions: What did you notice about the fruits and vegetables? How have machines changed what we eat? What do you think a lunchbox from 100 years ago would have looked like? Why?

NOTE TO EDUCATORS

- ◆ Extension Activities for Educators also available.
- ◆ Vocabulary Scaffolding Sheet also available.



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