

# MY SUPER MOM AND HER SIDEKICK CREW CURRICULUM GUIDE



Book By: Tameka Mitchell  
Illustrated by Barbara Dokic  
Lesson Plan and Activity Guides  
Designed by Dr. Kimberlie Harris

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# 'S MY SUPER MOM AND HER SIDEKICK CREW PLAYLIST

Complete steps 1-3 of your playlist and then pick one activity (*must be approved by your teacher*) from your My Super Mom and Her Sidekick Crew choice board. Complete the post-test (step 5) once you are finished with steps 3 and 4.

- \_\_\_ of 10pts **1** Complete your Blooket (pre-test) for My Super Mom and Her Sidekick Crew.
- \_\_\_ of 30pts **2** Use the Affirmations Organizer to come up with affirmations for yourself.
- \_\_\_ of 20pts **3** Read My Super Mom and Her Sidekick Crew and fill in the compare and contrast chart with Super Mom and one of her sidekicks.
- \_\_\_ of 30pts **4** Now, select one choice board activity (must be teacher-approved).
- \_\_\_ of 10pts **5** Complete the Blooket (post-test) for My Super Mom and Her Sidekick Crew.



Select one activity from the My Super Mom and Her Sidekick Crew choice board to show what you've learned from the story about affirmations and the family's superpowers.

## ***SUPER SLEUTH***

Let's test your detective skills. Use evidence from the story to answer the following questions or solve the following clues.

## ***I NEED A HERO***

Heroes are everywhere. Think of someone in your life and come up with a superhero name for them. Be sure to explain why they are super and design a cape for them.

## ***SUPERHERO MATH***

We can never have enough heroes. Use your super math skills to solve these superhero math word problems.

## ***POWER UP***

Have you ever wondered what gives coffee, electric cars, or fashion stylists their powers? Research and become an expert in one of these topics from the story and then share your learning.

## ***GRANDMA'S GARDEN***

Grandma's flowers are not blooming even though they should be. Come up with a plan and solution to help Grandma solve her flower troubles.

## ***SUPER SPIN***

My Super Mom and Her Sidekick Crew follows Mom and her adventures. Pick a new family member, even one from your family, and create a new story sharing their superpowers and actions.

# HELPFUL RESOURCES AND WEBSITES

Resources and links to websites that can be used to research more information about affirmations, coffee, electric cars, and fashion stylists.

- 1 <https://www.thepathway2success.com/101-positive-affirmations-for-kids/>
- 2 <https://www.centervention.com/morning-affirmations-for-kids/>
- 3 <https://youtu.be/I55jCHTQwCA>
- 4 <https://kids.kiddle.co/Coffee>
- 5 [https://kids.kiddle.co/Electric\\_vehicle](https://kids.kiddle.co/Electric_vehicle)
- 6 [https://learn.org/articles/Fashion\\_Stylist\\_Career\\_and\\_Salary\\_FAQs.html](https://learn.org/articles/Fashion_Stylist_Career_and_Salary_FAQs.html)



# 'S AFFIRMATION ORGANIZER

Use the affirmations that the main character's Mom says to her to help you create your own affirmations.

Affirmations in the Story	My Affirmations
1. You can do anything!	
2. You are beautiful!	
3. You are kind!	
4. You are bold!	
5. You are smart!	
6. Listen, learn, and do your best!	



# 'S ***SUPER MOM VS. SIDEKICK***

Read *My Super Mom and Her Sidekick Crew* and fill in the compare and contrast chart with details about how Super Mom and one of her sidekicks are alike and different.

MOM



SIDEKICK

'S

## ***SUPER SLEUTH***

Let's test your detective skills. Use evidence from the story and your prior knowledge to answer the following questions or solve the following clues.

- 1 List 3 pieces of evidence that main character shares to prove that her mom is a superhero.

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- 2 I have calming rays and mega mind waves. I can also make you laugh. Which sidekick am I?

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- 3 What is the name of the super steamy volcano drink that the main character's mom uses to get some of her powers?

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- 4 What might the word 'Bionic' mean?

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- 5 If the main character's mom has so many superpowers, why does she need sidekicks? Explain.

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# I NEED A HERO

Heroes are everywhere. Think of someone in your life and come up with a superhero name for them. Be sure to explain why they are super and design a cape for them.

Person: \_\_\_\_\_ Superhero Name: \_\_\_\_\_

## CAPE DESIGN



## EXPLANATION

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## **SUPERHERO MATH**

We can never have enough heroes. Use your super math skills to solve these superhero math word problems.

1

Super Mom is charging the car for turbo speed. For every 8 hours of charging she gets 1 hour of turbo speed. How many hours will she need to charge the car to have 4 hours of turbo speed?

2

Sidekick Grandma is making cookies for a bake sale. She has already made 26 cookies, but there are 92 people coming to the school's bake sale. How many more cookies will she need to bake?

3

Dad and Uncle David are helping children at the school who need to be calm during their big test. Each of them can calm 27 students. How many total students can they both calm together?

4

There are 6 superheroes in the story. Does your family have more than, less than, or an equal amount of superheroes?



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## POWER UP RESEARCH

Have you ever wondered what gives coffee, electric cars, or fashion stylists their powers? Research and become an expert on one of these topics from the story and then share your learning.



Draw a picture of what you will be researching

What is \_\_\_\_\_  
(topic you're researching)?

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When was \_\_\_\_\_ invented?  
Or who was the first fashion stylist?

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List 4 effects of \_\_\_\_\_  
(your topic)

1

2

3

4

5 Interesting facts about \_\_\_\_\_  
(your topic)

1

2

3

4

5

# \_\_\_\_\_ 'S GRANDMA'S GARDEN

Grandma's flowers are not blooming even though they should be. Come up with a plan and solution to help Grandma solve her flower troubles.

**PROBLEM:**

**MATERIALS:**



**PEOPLE & TIME:**

**PLAN:**

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# MY SUPER MOM AND HER SIDEKICK CREW: TEACHER'S GUIDE TO BOOKLET

Hello, and thank you for purchasing My Super Mom and Her Sidekick Crew. Here are some tips on how to get started with Blooket (or you can watch this quick video <https://youtu.be/hhn7dAP6BF8>).

## Create an Account and Sign in

- 1 Go to <https://www.blooket.com>.
- 2 Sign up for a free Blooket account. If you are a Google user, you can click to sign up with Google, or you can use the email and password of your choice.
- 3 Once you have signed up, click on the link below: <https://dashboard.blooket.com/set/63f4f365d520e641cc6573de>. You may also click on the Discover link (the compass next to the play button) and then type 'My Super Mom and Her Sidekick Crew' in the search bar.
- 4 You will now see the 'My Super Mom and Her Sidekick Crew' Blooket.

## Getting Ready to Play

- 5 Click on Host (the available game modes will be displayed). Click on each to learn more about each game mode and how to play it.
- 6 Pick or allow the children to vote on the game mode that they would like to play.
  - Most game modes can be played Live or assigned as homework.
  - The Classic Mode is a simpler mode for teachers and students who are new to Blooket.
- 7 Once you or your students have selected a game mode, scroll down to set your time limit, and decide if you will allow students to join the Blooket late or use random names.
- 8 Now, scroll up and click on Host Now and the code for children to join the game will be displayed in the right-hand corner of your screen.
- 9 Students will now go to <https://www.blooket.com/play> on their smart devices and type in the game's code.
- 10 Next, they will enter their name and join the game.
- 11 Once all students have entered the game room, you will click the button to start the game.
- 12 Enjoy!



# TAMEKA MITCHELL

*"My wish for you is that you continue. Continue to be who and how you are, to astonish a mean world with your acts of kindness."  
- Maya Angelou*

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## About Author, Tameka Mitchell

### Short Bio:

Tameka Mitchell is a motivator, entrepreneur, author, slayer of imposter syndrome, and most importantly, a mom. Her love of storytelling and dedication to children's literacy inspired her to build a legacy of writing books that encourage children to be fearless and believe in themselves. As a fierce advocate of mothers living their best lives and pursuing their dreams, her focus is to produce content that is a tribute to people of color with vibrant, simple messages that encourage family and community conversations.

### Long Bio:

Tameka Mitchell is a motivator, entrepreneur, author, slayer of imposter syndrome, and most importantly, a mom. Her love of storytelling and dedication to children's literacy inspired her to build a legacy of writing books that encourage children to be fearless and believe in themselves. That is how Maternity Motivation Publishing, LLC was born. Tameka is a fierce advocate of mothers living their best lives and pursuing their dreams. Through Maternity Motivation Publishing, LLC, Tameka hopes to motivate mothers and create stories and visuals that would have connected with her as a child and will inspire her own children. Her focus is to produce content that is a tribute to people of color with vibrant, simple messages that encourage family and community conversations.

Her debut book, My Super Mom and her Sidekick Crew, was written as a celebration of family, culture, and heritage. Tameka's mom, Benita, and her grandmother created the blueprint for establishing a nurturing village, and that stuck with Tameka from an early age. As a child, it was powerful witnessing the creativity, discipline, encouragement, and style of these two incredible women in her life. The superpowers they displayed and passed on were something she wanted to celebrate.

The book is a message to children that every family is different, and while every mom is a superhero, it takes everyone working together to be a strong superfamily.

My Super Mom and her Sidekick Crew is just the first of the intended Sidekick Crew Chronicles Series, which will explore and celebrate the various roles and superpowers of the "sidekicks" in our families. Also, Tameka hopes to produce a series of postpartum picture books to energize and motivate new moms while they read to their newborns. Finally, Mrs. Mitchell Says will be a delightful read to promote emotional intelligence and accountability.

When Tameka isn't writing for children and motivating moms, she enjoys spending time with her husband and two beautiful children.

## About Dr. Kimberlie Harris



**DR.  
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HARRIS**

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Dr. Harris is an author, mom and an accomplished, veteran elementary teacher with 18 years of classroom experience. She holds a PhD. in Curriculum & Instruction from Mercer University and a Masters in Early Childhood Education from Wesleyan College.

Dr. Harris is also the founder of PHraseD, LLC, a freelance writing company that specializes in the creation of educational writing, copywriting, and content writing for individuals and small to mid-sized businesses.

Dr. Harris's commitment to creating, instructing, and inspiring young children to develop solid foundational and literary skills has led to several awards and recognition, such as being named Teacher of the Year and Georgia Conservation Teacher of the Year in 2018 (Samuel E. Hubbard Elementary and the Georgia Department of Natural Resources, respectively).

In 2020, she was named as a Georgia STEM Scholar by the Georgia Youth Science and Technology Centers. Dr. Harris lives in Georgia with her husband and son.

Dr. Harris has meticulously crafted the lesson plans and activity sheets for "My Super Mom and Her Sidekick Crew." This book is designed to cater to a range of grade levels: it's ideal for Kindergarten through 2nd grade as a read-aloud or for small groups with scaffolding. It is equally suitable for 3rd through 5th grade as independent reading. The assessed Lexile range for the book falls between 1010 and 1200.

These highly recommended lessons and activity tools are intricately aligned with the text, guaranteeing a seamless and comprehensive learning experience.





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