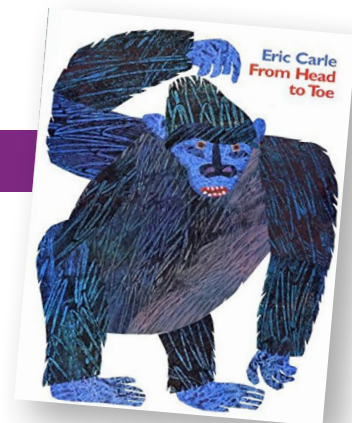


From Head To Toe



A RIF GUIDE FOR EDUCATORS

Themes: Movement, Self-Confidence, Risk-Taking

Author:
Eric Carle

Book Brief: Giraffes can bend their necks, monkeys can wave their hands, and donkeys can kick their legs. And so can you!

Illustrator:
Eric Carle

TIME TO READ!



BEFORE WE READ LET'S LOOK AT...

The Cover: Read the title, “From Head to Toe” and ask students what they think this book will be about.

Picture Walk: Take a brief picture walk. Have students name as many of the animals as possible.

Vocabulary: Review these body parts using the Picture Vocabulary Cards: head, neck, shoulders, arms, hands, chest, back, hips, knees, legs, foot, toe.

Purpose for Reading: “As we read, you will notice that some of the words are repeated on each page. When you feel ready, join in, and say the words with me.”

WHILE WE READ

COMPREHENSION QUESTIONS (LEVELS 1-4)

- **Level 1:** As you read, ask your students to point to the body parts on the page and on their own bodies.
- **Level 2:** As you read, model the movements on each page and ask your students “Can you do it?” Your students may respond with a head nod to signal yes/no, by making the movement with their bodies, or by reciting the phrase “I can do it!”
- **Level 3:** For each page ask your students, “Why does the animal do that movement?”
- **Level 4:** “What can you do if you don’t feel like you can do one of the movements?”

LET'S THINK ABOUT

Ask, “What were the words that you heard repeated on each page?” As a class, repeat the lines “Can you do it? I can do it!” Ask students what animals they remember from the story. Use the Animal Cut Outs to prompt your students and have them practice the movements that go with each animal.

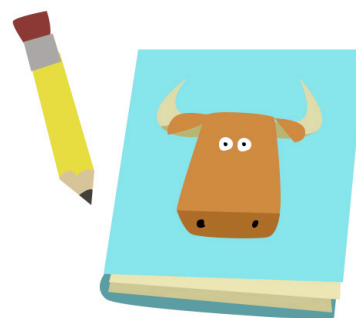
BOOK ACTIVITY:

Class Book

Make your own version of From Head to Toe with the students in your class. Have each student select an animal (can be one from the book or any animal they like) and identify a movement that the animal makes and the corresponding body part.

Use the sentence stem, “I am a ___ and I can ___ my ____.
Can you do it? I can do it!”

Have students practice writing the words using the Sound-Spelling Chart and Picture Vocabulary Cards. To illustrate, either have students draw their own illustrations or take photographs of the students doing the movements. Add this book to your classroom library or take turns sending it home with each child.



From Head To Toe

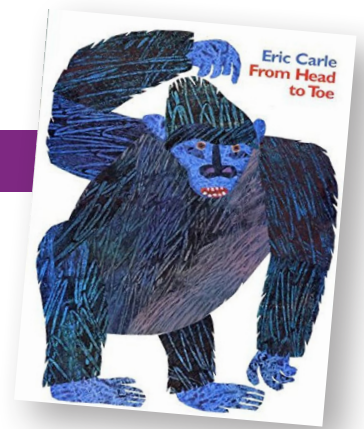
A RIF GUIDE FOR FAMILIES

Themes: Movement, Self-Confidence, Risk-Taking

Book Brief: Giraffes can bend their necks, monkeys can wave their hands, and donkeys can kick their legs. And so can you!

Author:
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TIME TO READ!



Before: This story is helpful for building vocabulary on animals, body parts, and body movements through a playful and rhythmic pattern. Before reading, flip through some of the pages and identify the animals. For example, you can say “point to the penguin” or “what animal is this?”

During: As you read, help your child identify the body parts and movements in the book. Let your child mimic the movements and as they do, support their vocabulary by saying the body part and the movement.

After, ask questions:

- Which animals did you see?
- If you could be any animal, which one would you be?
- Which is your favorite movement to do?
- Which movement are you best at? Which movement do you want to practice more?

CONVERSATION STARTERS

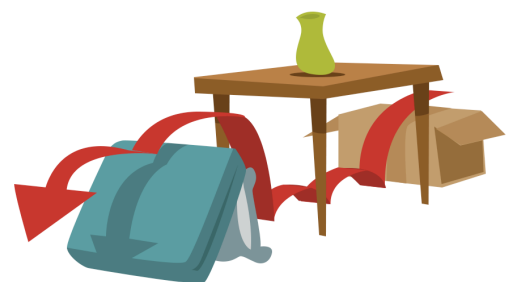
Story Awareness means the ways that stories are organized. Help your child develop story awareness by giving opportunities for them to respond to stories you read. This book uses a question-and-answer format and is helpful for teaching children the expression of questions. It also teaches the repetitive structure used in many children’s books. As you read, pause after each “Can you do it?” and allow your child to respond, “I can do it!” while they do the body movement shown on the page. You may notice that your child learns the pattern of the book and can “read” it on their own.

RELATED ACTIVITIES

HOMEMADE OBSTACLE COURSE

Materials: chairs, pillows, boxes, and any other objects in your home

Set up an obstacle course inside your home and model for your child how to move through it. As you model, say what you are doing as you do it. For example, “I am crawling under the table” or “I am jumping on the pillow.” Then allow your child to complete the obstacle course. Afterwards, ask them what body parts and movements they used as they moved through the obstacle course.



ADDITIONAL RESOURCES



OTHER BOOKS ILLUSTRATED BY ERIC CARLE

- **Brown Bear, Brown Bear, What Do You See? (1967)**
- **The Very Hungry Caterpillar (1969)**
- **Polar Bear, Polar Bear, What Do You Hear (1997)**