

Hattie Harmony: Worry Detective

VOCABULARY

Word	Student-friendly definition
worry	thinking about unhappy thoughts over and over
detective	someone who solves mysteries or problems
excited	very happy; looking forward to something
solve	to fix a problem
nervous	unable to calm down or relax
jitters	the feeling you get when you are nervous
special	very important
tense	to feel your body tighten because you are worried
brave	someone who is ___ faces their fears
conquer	to fight
courage	feeling brave and able to overcome a fear
panic	a sudden strong feeling of being nervous