

*Wemberly Worried*  
**Discussion Guide**  
Grades Pre-K-1<sup>st</sup>

**Before Reading: to activate schema, build background knowledge, and set a purpose.**

- Start by asking, “What does it mean to feel worried? Have you ever felt worried before?” (Optional: Pair Share)
- Explain to students that when we feel worried, it means that we feel like
- something bad could happen.
- Set a purpose for reading: “As we read today, think about why Wemberly is feeling so worried.”

**During Reading: to engage students, check for understanding, and make connections.**

- What does Wemberly’s family think about her worrying?
- What does Wemberly do when she is feeling especially worried? Do you have anything that makes you feel calm?
- Why is Wemberly feeling worried about school? Encourage students to use specific examples from the story.
- How was Wemberly’s first day of school?

**After Reading: to summarize, question, and reflect.**

- Revisit the purpose for reading: Why was Wemberly feeling worried throughout the story? How does she feel by the end of the story?
- **Extend:** Using [RIF’s Comic Book Strip](#) template, have students design their own comic telling a story of a time they felt worried and overcame that feeling.

If your students enjoyed this book...

- Encourage them to continue to discuss it and refer to it in other lessons and conversations.
- Let them explore other books by Kevin Henkes, such as [Chrysanthemum](#) and [Lilly’s Purple Plastic Purse](#).