

Well-Being Book Recommendations

Elementary



The Day The Crayons Quit

Author: Drew Dywalt
Illustrator: Oliver Jeffers
PK-2

The Boy with Big, Big Feelings

Author: Britney Winn Lee
Illustrator: Jacob Souva
PK-2

Wemberly Worried

Author and Illustrator:
Kevin Henkes
PK-1

Even Superheroes Have Bad Days

Author: Shelly Becker
Illustrator: Eda Kaban
PK-4

A Spark in the Dark

Author and Illustrator:
Pam Fong
PK-3

Elephant and Piggie: My Friend Is Sad

Author and Illustrator:
Mo Willems
PK-3

BIG

Author and Illustrator:
Vashti Harrison
PK-4

Mel Fell

Author and Illustrator:
Corey R. Tabor
PK-3

The Most Magnificent Thing

Author and Illustrator:
Ashley Spires
PK-2

Middle Grades



New Kid

Author and Illustrator:
Jerry Craft
3-7

The Crossover: Graphic Novel

Author: Kwame Alexander
Illustrator: Dawud Anyabwile
3-7

When Stars Are Scattered

Authors: Victoria Jamieson
and Omar Mohamed
Illustrator: Victoria Jamieson
4-7

Frizzy

Author: Claribel A. Ortega
Illustrator: Rose Bousamra
3-6

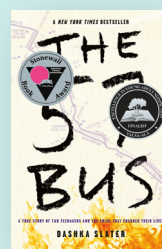
Freewater

Author: Amina Luqman-Dawson
5-9

When You Trap A Tiger

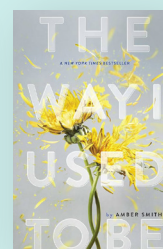
Author: Tae Keller
3-7

Young Adult



The 57 Bus

Author:
Dashka Slater
8-12



The Way I Used to Be

Author:
Amber Smith
9-12



Stargirl

Author:
Jerry Spinelli
7-12