

Plants Feed Me
Discussion Guide
Grades: Pre-K — 1

Before Reading: to activate schema, build background knowledge, and set a purpose.

- Discuss the idea of what types of plants feed us
- Before reading, have a class discussion to activate prior knowledge about what types of plants do we eat and what parts of plants do we eat. Do you have a favorite plant that you like to eat? Make a list of student generated responses on an anchor chart or whiteboard.
- Frontload vocabulary: plant eaters, roots, tubers, bulbs, stems, seeds, vines, pods, plants, feed the world

During Reading: to engage students, check for understanding, and make connections.

- What types of plants are outlined, and what parts of those plants are what we eat?
- Are the illustrations & stories within the story helpful in understanding the concepts of “plants feed us?”
- What are you learning about plants and their various parts being a big part of the food supply?

After Reading: to summarize, question, and reflect.

Use a chart to have the students list in two columns

- common plants and their parts that we eat every day
- ways we can learn to expand the variety of plants in our daily diets

If your students enjoyed this book...

- Encourage them to continue to discuss the topic of plants being part of our everyday diet
- Let them explore more about the topic by reading other books about reducing food waste, such as [*Plants \(National Geographic Kids\)*](#)