

Soul Food Sunday

A RIF GUIDE FOR EDUCATORS

Themes: Culture, Family, Food, Love and Belonging

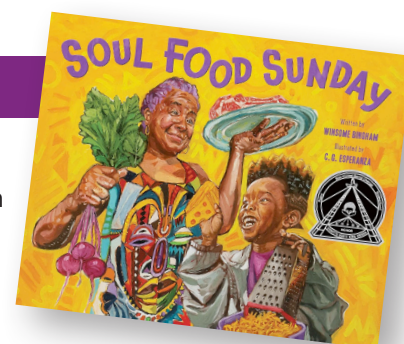
Book Brief: A young boy helps his Granny prepare a cherished family meal for the first time, learning the traditions of their Sunday gatherings. When the cooking is done, he adds his own sweet touch, leaving a lasting mark on the family tradition.

Author:

Winsome Bingham

Illustrator:

C. G. Esperanza



TIME TO READ!

The Cover: Look at the cover of the book with students and ask, “What do you see on the cover of this book? What foods do you see?” Discuss student responses and keep them in mind for the picture walk.

Picture Walk: Flip through some pages and ask students what they notice. Remind them of what they shared about the cover. Ask students if they still think the same things based on the pictures in the book, or if they have some new ideas about what will happen in the story. What makes them think that?

Vocabulary: This story will introduce words about food and cooking. Use Picture Cards: *food, apron, grate, clean, rinse, rip, cook, slice, taste, grill*. Ask students if they know of words in their home language(s) that mean the same thing as these words.

Purpose for Reading:

“As we read, listen to the words the author uses to describe cooking with Granny.”

WHILE WE READ

AS YOU READ, PAUSE AND ASK...

Throughout the story, pause and ask...

- **Level 1:** “Where is Granny? Point to her.”
- **Level 2:** “What foods are on this page?”

- **Level 3:** “How does the boy help Granny?”
- **Level 4:** “Why do you think the boy doesn’t quit even though his hand is hurting and his arm is aching?”

LET’S THINK ABOUT

Our Purpose: Say, “The author used lots of different words to describe cooking with Granny. What were some of the words you heard as we read?”

Extending Our Thinking: Think about a meal you have prepared or watched someone prepare. What words would you use to describe cooking that meal? (Optional: Pair-Share)

BOOK ACTIVITY: Class Book - Our Favorite Meals

Tell students to think about their favorite meal that they enjoy with their family. Have them illustrate a picture of the meal and write about it, including details such as their favorite part of the meal, family members, or any special traditions. Create a class book with each student page represented and let each student decorate the cover. Have students practice writing the words using the Sound-Spelling Chart and Picture Vocabulary Cards. Add this book to your classroom library or take turns sending it home with each child.

