



The Kind Doctress

READ ALOUD GUIDE

Themes: Compassion, Helping Others

Book Brief: The true tale of a girl from Jamaica who journeyed around the world and became a famous nurse!

Author:
Storytime

Illustrator:
Sabrina Filieri

BEFORE READING

The Cover: Ask students to make a prediction about the story based on the cover and title.

The Pictures: Take a quick picture walk and ask students what they notice about the illustrations.

Prior Knowledge: Ask, “Have you ever helped take care of someone who was sick or hurt? How did you help them feel better?” Explain to students that this story is about real events, but it is told like a story with characters, a setting, and events in order.

Vocabulary: Frontload Tier 2 words using the accompanying [Vocabulary Guide](#).

Purpose for Reading: “As we read, pay attention to the steps Mary takes on her journey from learning about medicine in Jamaica to becoming a famous nurse. Think about how each part of her story connects to the next.”



Think Aloud: “First, Mary learns healing skills from her mother in Jamaica, then she practices helping sick people, and later she travels far away to care for soldiers during war. Each step connects; her early learning and practice gave her the knowledge and confidence to help people in bigger ways.”

DURING READING

Check for understanding & make connections:

- How does Mary first learn about healing and medicine?
- What does Mary do to help people who are sick or injured?
- Where does Mary travel, and why does she go there?
- How does each step in Mary's life prepare her for the next challenge?

AFTER READING

Our Purpose: “What were the important steps in Mary's journey from learning about medicine to becoming a famous nurse? How did each event in her life connect to help her succeed?”

Extending Our Thinking: Ask students, “What are ways you can help or take care of others in your school or community?” Encourage students to create a “Helping Hands” poster or chart where they list or draw 3-5 ways they can help someone this week (like comforting a friend who's sad, helping someone who's hurt, sharing supplies, or teaching someone something new). Students can track when they complete each act of kindness and share their experiences with the class.

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- Explore 100 other free eBooks on Skybrary! Visit www.Skybrary.org to learn more.
- Encourage them to continue to discuss it and refer to it in other lessons and conversations.
- Let them explore more about the topic by reading other books with similar themes, structure, characters, or content.