

# My Mother is a Superhero - Mi Mama es una superheroína

## READ ALOUD GUIDE

**Themes:** Family, Love, Everyday Heroes

**Book Brief:** A heartwarming celebration of mothers as everyday superheroes, highlighting the remarkable things mothers do that may seem ordinary but are truly extraordinary acts of love, strength, and care.

**Author:**  
CJ Charles



## BEFORE READING

**The Cover:** Ask students to make a prediction about the story based on the cover and title.

**The Pictures:** Take a quick picture walk and ask students what they notice about the illustrations.

**Prior Knowledge:** Ask, "What does a superhero do? What are some things your mother or a special caregiver does for you that might be like having superpowers?" (Optional: Think-Pair-Share)

**Vocabulary:** Frontload Tier 2 words using the accompanying Vocabulary Guide.

**Purpose for Reading:** "As we read, we'll practice finding important details in the story to help us answer questions. Listen carefully to all the special things this mother does that make her a superhero!"



**Think Aloud:** "Justine suspects that her mom is a superhero as she notices all the ways her mom loves and cares for her such as making smoothies and brushing her hair. These everyday details show us what makes someone a real-life superhero."

## DURING READING

**Check for understanding & make connections:**

- What are some of the tasks Justine's mom does that make Justine believe she is a superhero?
- What details show that Justine's mom is strong and caring?
- How does Justine's mom make her feel safe and loved?

## AFTER READING

**Our Purpose:** "What important details from the story help us understand why the child sees their mother as a superhero? What makes someone an everyday hero?"

**Extending Our Thinking:** Ask students, "What specific details or examples from the book show the mother's 'superpowers'?" Guide students to identify concrete details (things she does, ways she helps, her strength, her kindness). Then have students think about an everyday superhero in their own life (parent, teacher, family member, community helper) and ask: "What specific things does your superhero do that are special?" Have students use RIF's Comic Book Strip activity to illustrate a short story about their Everyday Hero.

If your students enjoyed this book...

- Encourage them to continue to discuss it and refer to it in other lessons and conversations.
- Let them explore more about the topic by reading other books with similar themes, structure, characters, or content.