



OBSTACLE COURSE

Welcome, Brave Explorer! In this reading activity, your mission is to find the Lost Academy traveling through the Vine Walk, the Marshmallow Marshes, and the Ancient Tunnel.

1. Use your reading skill to turn your home into a hidden jungle by following each instruction.
2. Collect the materials shown.
3. Read through the instructions with your parent pointing out words you are unsure of to complete your mission.
4. When you are done, be sure to put everything back where you found it and visit [RIF.org/Summer](https://www.RIF.org/Summer) for more reading fun.

Materials:



STATION 1 The Vine Walk

Setup: Lay tape/rope down on the floor in a line.

Early Childhood Camper

“Yay! You’ve reached the Great Vine. Show me your Animal Walk. Can you stomp like a Hippo across the line? Stomp, Stomp, Stomp”

Kinder - Second Camper

“Uh oh! The vine is enchanted! I’ll say a word, and you jump and say every sound. The word is _____. Go!”

STATION 2 The Marshmallow Marshes

Setup: Place identical identifying objects scattered on the ground. (pillows)

Early Childhood Camper

“The ground is sinking! Only the “_____” Islands are safe. Hop to every “_____” you see!”

Kinder - Second Camper

“To cross the marsh, you need a Rhyme Bridge. Jump to a pillow and shout a word that rhymes with log.”

STATION 3 The Ancient Tunnel

Setup: Create a pillow fort or crawl under something. Place “Secret Word” in cave.

Early Childhood Camper

“Through the cave! Crawl under the bridge and through the tunnel. When you get out, give me a roar!”

Kinder - Second Camper

“Take this flashlight. Deep in the cave is a Secret Word. Find it, read it, and whisper it to me when you come out.”

Quick - Tips

Replay the game with different skills at each station. If things get too rowdy, use the “Slow-Motion Jungle” rule. Everything must be done at half speed.

At Home/Inside

Focus on “Soft” Skills: crawling, sorting laundry, and naming colors.

At the Park/In the Yard:

Focus on “Big” Skills: running to a tree, throwing a ball into a basket, rhyming on the swings.



Teachable Moment: At the end of the game, ask each child: “What was the hardest part for your brain, and what was the hardest part for your body?” This builds metacognition (thinking about thinking), which is the #1 skill lost over the summer.