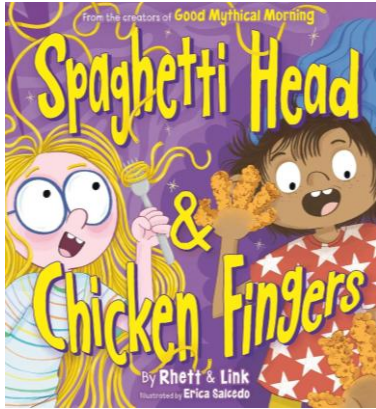


Read Aloud Guide for Families



Spaghetti Head & Chicken Fingers

Author: Rhett & Link

Illustrator: Erica Salcedo

Themes: Funny, Friendship, Trying New Things

Book Brief: Two picky eaters discover what happens when they really become what they eat and learn that trying new foods can be an adventure.

READ ALOUD

Before Reading: Build Background

- Ask, "What's your favorite food? Do you eat the same thing all the time, or do you like to try new foods?"

While Reading: Make Connections

- What is Saffy's favorite food? What is Lumo's favorite food?
- What happens to Saffy when she wakes up one morning? What happens to Lumo?
- How do the friends feel about their new food bodies? Do they want to change back?
- What does this story teach us about trying new things?

After Reading: Ask Questions

- Ask, "What happens to the two friends in this story? Why do you think the author wrote about picky eaters? What would happen if you turned into your favorite food?"

RELATED ACTIVITIES

If your child enjoyed this book:

- Try a "New Food Adventure." Have your child pick one new food they've never tried before and taste it together. Talk about what they liked or didn't like about it, just like Saffy and Lumo learned about trying new things.
- Read more books about picky eaters, friendship, or silly transformations and magical changes.