

Spaghetti Head & Chicken Fingers

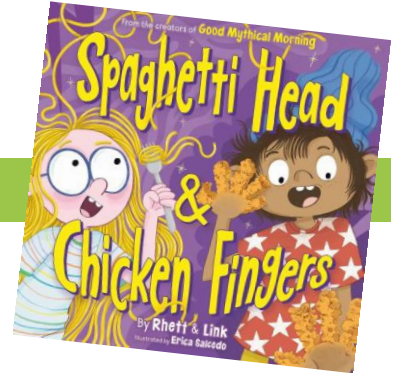
READ ALOUD GUIDE

Themes: Funny, Friendship, Trying New Things

Book Brief: Two picky eaters discover what happens when they really become what they eat and learn that trying new foods can be an adventure.

Author:
Rhett & Link

Illustrator:
Erica Salcedo



BEFORE READING

The Cover: Ask students to make a prediction about the story based on the cover and title.

The Pictures: Take a quick picture walk and ask students what they notice about the illustrations.

Prior Knowledge: Ask, "What is your favorite food? If you only ate that one food, what would happen to you? Do you ever try new foods?" (Think-Pair-Share)

Vocabulary: : Frontload Tier 2 words using the accompanying [Vocabulary Guide](#).

Purpose for Reading: "As we read, think about what happens when Saffy and Lumo wake up. How does the saying 'you are what you eat' become true in this story?"

DURING READING

Check for understanding & make connections:

- What do Lumo and Saffy love?
- How are Lumo and Saffy feeling about the first day of school?
- What magical thing happens to Saffy when she wakes up? What happens to Lumo?
- How was their first day of school after all? Do their feelings change from beginning to end?



Think Aloud: "I notice that at the end, Lumo and Saffy look annoyed that they are having chicken fingers and buttered pasta for dinner. I wonder if this is because they learned that trying new foods isn't as scary as they might have thought!"

AFTER READING

Our Purpose: "What was the problem in the story? How did Saffy and Lumo change? What lesson did they learn about trying new foods?"

Extending Our Thinking: Ask students, "Why do you think the authors wrote about picky eaters? What does 'you are what you eat' really mean? Have you ever tried a new food and been surprised that you liked it?" Encourage students to think about foods they might want to try, or talk about a time they were a picky eater and then discovered they liked something new.

If your students enjoyed this book...

- Encourage them to continue to discuss it and refer to it in other lessons and conversations.
- Let them explore more about the topic by reading other books with similar themes, structure, characters, or content.