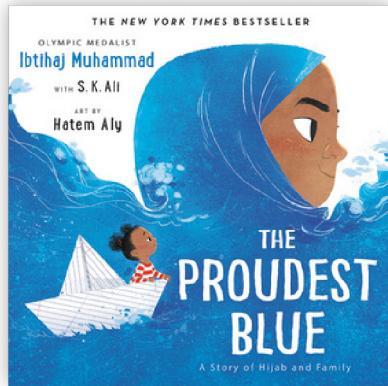




The Proudest Blue

Author: *Ibtihaj Muhammad & S.K. Ali*

Illustrator: *Hatem Aly*

Themes: Culture, Family, Self-acceptance

Book Brief: Faizah knows the first day of school is going to be special. It's the start of a brand-new year and, best of all, it's her older sister Asiya's first day of hijab, a hijab of beautiful blue fabric, like the ocean waving to the sky. But not everyone sees hijab as beautiful, and Faizah will find new ways to be strong.

READ ALOUD

Before Reading: Build Background

- A hijab is a scarf that some Muslim women and girls wear. Tell your child it can be a proud choice.
- Ask your child about a time they wore something special. Talk about how clothes can show who we are.

While Reading: Make Connections

- “What does Asiya's blue hijab make them think of?”
- “How might Faizah feel when the kids said unkind things about the hijab?”
- “Why should Faizah let hurtful words go? What does she think of?”

After Reading: Ask Questions

- “How did Faizah stay strong? Have you ever had a time where you felt proud?”

RELATED ACTIVITIES

If your child enjoyed this book:

- Ask each family member to name one thing that makes them feel strong or proud. Draw those things together on one big paper.
- Read more books together, by Ibtihaj Muhammad & S.K. Ali like:
 - [The Kindest Red: A Story of Hijab and Friendship \(2023\)](#)