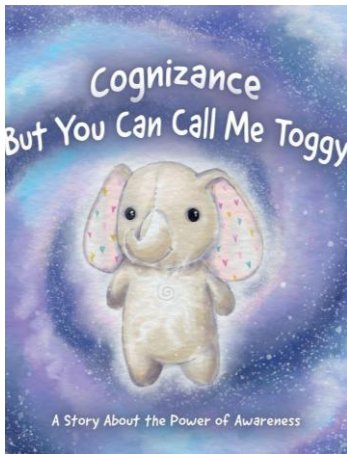


Read Aloud Guide for Families



Cognizance, But You Can Call Me Toggy

Author: Tc

Illustrator: Lj

Themes: Social Emotional Learning, feelings

Book Brief: Toggy is a sweet little elephant who helps children understand their feelings and shows them how to notice what is going on.

READ ALOUD

Before Reading: Build Background

- Ask, "If you were sad or afraid, how would you handle those emotions?"

While Reading: Make Connections

- Have you ever felt like Toggy?
- How can noticing someone's feelings help us learn to be kinder?
- How did Toggy show empathy? How could you show empathy?

After Reading: Ask Questions

- Ask, , "What can you do to help yourself or a friend when feeling alone or sad?"

RELATED ACTIVITIES

If your child enjoyed this book:

- Draw Yourself As Toggy Art Activity: What emotion are you drawing? Who are you helping? What kind choice are you making?
- Read more books about emotions and feelings, and how to show empathy.