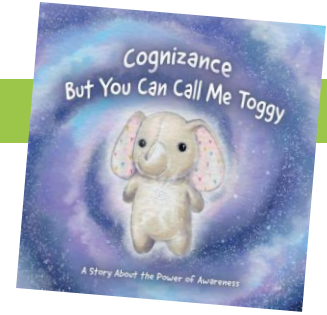


Cognizance, But You Can Call Me Toggy: A Story About the Power of Awareness



READ ALOUD GUIDE

Themes: Social-Emotional Learning, Feelings

Book Brief: Through calm, gentle moments, Toggy shows kids how to notice what's happening inside themselves, recognize emotions in others, and respond with kindness and care.

Author:

Tc

Illustrator:

Lj

BEFORE READING

The Cover & Pictures: Look at the cover and take a quick picture walk. Ask, "What do you notice about Squirrel and the nuts? What do you think Squirrel might do with all of them?"

Prior Knowledge: Ask, "Have you been in a situation where you didn't understand your feelings or emotions about something?" (Optional: Think, Pair, Share)

Vocabulary: Frontload Tier 2 words using RIF's [Tier Two Vocabulary Guide](#).

Purpose for Reading: "As we read, think about how the elephant, Toggy, helped others understand feelings and emotions in ourselves and in others."

DURING READING

Check for understanding & make connections:

- What feelings did Toggy notice in himself during the story?
- How could Toggy tell when someone else was feeling sad or worried?
- How do you know when you're feeling a big emotion?
- What helps you calm down when you feel overwhelmed?
- How can we show kindness to someone who is having a tough day?
- If Toggy visited our classroom, what advice do you think he would give us?



Think Aloud: "I see that Toggy notices his own feelings and the feelings of others. When emotions feel big, he can pause, name the feeling, and think about what might help."

AFTER READING

Our Purpose: "How can we make our classroom a place where everyone feels safe sharing their feelings?"

Extending Our Thinking: Create simple scenarios (a friend is sad, someone is left out, someone is frustrated). Students can discuss or act out how Toggy might respond.

If your students enjoyed this book...

- Encourage them to continue to discuss it and refer to it in other lessons and conversations.
- Let them explore more about the topic by reading other books with similar themes, structure, characters, or content.