

Miss Lady Bird's Wildflowers

A RIF GUIDE FOR PARENTS AND FAMILIES

Themes: Nature, Conservation, Women in History

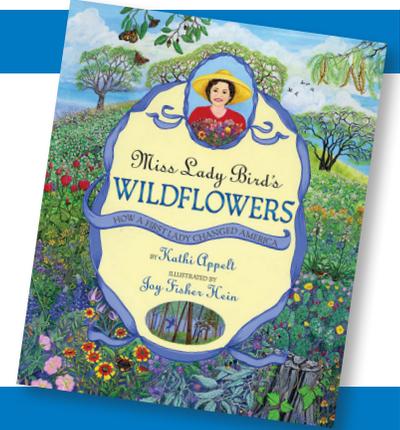
Grade Level: 3rd to 5th grade

Book Brief: This book tells the story of Lady Bird Johnson, First Lady of the United States and a passionate believer in the

importance of protecting America's natural beauty.

Author: Kathi Appelt

Illustrator:
Joy Fisher Hein



TIME TO READ!

Before reading, build background: Has your child ever noticed the wildflowers that line many of our highways? (*This book deals with the deaths of Lady Bird's*

mother and husband; be prepared for any questions.)

While reading, find the flowers: Use the guide in the back of the book to identify the flowers in the

pictures as you read. Do any of these wildflowers grow where you live?

After reading, ask questions:

- ◆ How do the flowers help Lady Bird as a child?
- ◆ Why does Lady Bird think every child should care for a seed?
- ◆ Why is it important to preserve our wildflowers?
- ◆ What's your favorite flower or plant?

RELATED ACTIVITIES

POPPY SEED MUFFINS

Ingredients: 2 c. flour, 2 tsp. baking powder, 1/4 tsp. salt, 1/2 c. butter, 1 tsp. lemon zest, 2/3 c. sugar, 2 eggs, 3 tsp. poppy seeds, 1/2 c. milk

Mix flour, baking powder, and salt. In another bowl, beat butter, zest, and sugar. Add eggs; beat well. Add flour mixture; beat. Stir in poppy seeds. Bake in muffin tins for 20-25 minutes at 375°.

IMPRESSIVE PETALS

Materials: wildflowers, newspaper, wax paper, iron

Visit a local park and pick some flowers to preserve. Trim away leaves and stem. Put flowers between sheets of newspaper and place under a heavy book. Leave for two weeks. After flowers are dry, place

them between two sheets of wax paper and run a warm iron over the edges to seal the paper shut. (*Only an adult should operate the iron.*)

FLOWER POWER

Materials: seed, small pot, soil

Follow Lady Bird's advice and grow your own plant! Outside or in a small pot inside, plant a wildflower seed. Care for it according to the instructions on the package.

TECHNOLOGY LINK

Visit the Lady Bird Johnson Wildflower Center website to learn more about different kinds of wildflowers: www.wildflower.org. (Also available in Spanish.)

ADDITIONAL RESOURCES

OTHER BOOKS BY THIS AUTHOR

The Underneath (2010),
Keeper (2012),
Oh My Baby, Little One (2006).



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