A Boy Called Slow

A RIF GUIDE FOR PARENTS AND FAMILIES

Themes: American Indian Culture, Family

Traditions, Rites of Passage, Growing Up

Grade Level: 1st to 4th grade

Book Brief: This book tells the story of how Sitting

Bull, hero of the Lakota Sioux, earned

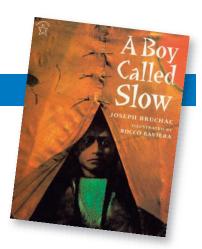
his name.

Author:

Joseph Bruchac

Illustrator:

Rocco Baviera





TIME TO READ!

Before reading, make connections: Talk about your child's name. Why was it chosen? Is it a family name? Does your child have a nickname?

While reading, follow the characters: Notice how Slow changes. How can we tell he's growing up and taking on more responsibility?

After reading, ask questions:

- ◆ How did Slow get his name?
- How did he feel about his name?
- ◆ How old was Slow when he fought the Crow?
- What was the sign of victory?
- Where did the name Sitting Bull come from?
- If you could pick your own name, what would it be and why?

RELATED ACTIVITIES

A YEAR IN THE LIFE

Materials: brown construction paper/butcher's paper or brown fabric, markers or paint

A winter count is a drawing on an animal skin that shows the most important event of the past "winter" (year). Think about your own past winter. On brown paper or fabric, draw or paint the most important things that have happened to you in the last year. Write a story to go along with your picture.

OUT AND ABOUT

What's in a name? A lot! Tell your child the story behind all of the names in your family. Are any of them old family names? Where do they come from? What do they mean? Go to www.behindthename.com to find out more about what each name means. Write these down for a family history.

PEMMICAN

Ingredients: 2 oz. dried beef jerky, 4 dried apple slices, 3 oz. raisins or dried cranberries

- Grind the beef jerky in a blender or food processor. Add the dried fruits. Grind until fine.
- 2. Pour the mixture onto wax paper. Put another piece of wax paper on top and roll with a rolling pin until very thin.
- 3 Place in a pie tin and bake at 350° for 2 hours.
- 4. Turn the pemmican over several times as it dries. When completely dry, break off pieces to eat as a snack.

ADDITIONAL RESOURCES



OTHER BOOKS BY THIS AUTHOR

Squanto's Journey (2006), 13 Moons on Turtle's Back (1997), Crazy Horse's Vision (2000), Between Earth and Sky (1999).

